

LET US FIGHT AGAINST COVID-19 & SUBSTANCE ABUSE TOGETHER!

A MONTH LONG CAMPAIGN BY RISA
STARTING FROM WORLD HEALTH DAY, THE 7TH APRIL 2020



Dear Friend

As you know, we are in a Lock down situation due to the pandemic COVID-19 worldwide. Let us take this opportunity of “stay at home” to strengthen our social commitment and work towards enriching our moral responsibility to the mankind for a better healthy environment.

Substance abuse viz. alcohol consumption, smoking and use of various other substances of abuse/addiction can lead to dangerous and high risk health hazards affecting lungs, liver, heart, kidney and other organs. **It is important to remember that COVID 19 is a serious threat to those who are addicted to substance abuse.** Study reveals that success rate of treatment and recovery levels among such people are weak as compared to others.

In addition to serious health hazards like 14 types of cancers, liver cirrhosis etc., intoxication by the use of alcohol and various type of drugs lead to increasing road accidents, criminal tendencies/activities and anti-social habits. Smoking alone leads to 7 types of cancers and other disease like chronic bronchitis, bronchial asthma, chronic obstructive pulmonary diseases etc. To save the people from such hazardous health conditions, it is our social responsibility to educate them from falling down further and bring back to normal life. As part of Lock-down, availability and distribution of liquor is suspended and it is the opportune time to stay away from the use of alcohol, smoking or any other substances of addiction.

In the current scenario of Covid-19 Lock-down and with due respect to all the government restrictions in place, RISA, the Riyadh Initiative against Substance Abuse would like to recommend all those who suffer from any such addiction/(s) to contact your local/primary/community health centers or any social or Government de-addiction centers for an earlier rehabilitation.

Remember your health is in your hands!

We are with you for a “Lehri -Mukta” generation!

For Team Risa,

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